

DFA TRAINING

DRIVER AND FIRST AID TRAINING

Driving Appraisal and Advanced Driving Technique Instruction

Suggested 2 hr session

Introduction to the session

- 10 mins - Explain the lesson plan. Q&A

Appraisal Drive

- 30 mins - Observation of your driving by an Advanced Emergency Response driver.
- 10 mins - Full de-brief and suggested areas of improvement.

Instruction on advanced driving techniques

- 30 mins - Instruction on advanced driving techniques focussing on the areas highlighted in the Initial Drive.
- 30 mins - Coaching.
- 10 mins - Summary - What to focus on when you next drive.

You will receive a PDF of the notes and suggestions your instructor has made.

Please note: Driving times are adjusted to your session length, as well as your personal requirements.

£60 per hour, or £110 for the suggested 2 hour session